

Vodeno Horo

Bulgaria - Trakia

A variation on the widespread
Pravo Trakijsko

Source: Yves Moreau,
Shropshire, UK - 2001

Style: Earthy and proud

Rhythm: 2/4

Hold: V (Open circle or line)

Notes: Adrian Pounton - 2024



YouTube: Yves Moreau teaching

<https://www.youtube.com/watch?v=ZcNFgOF7wms>

PART 1 (with Singing)

$$\left[\begin{array}{cc} \begin{array}{c} \nearrow \\ \underline{R} \quad \underline{L} \\ \underline{f} \quad \underline{f} \end{array} & \begin{array}{c} \nearrow \\ \underline{R} \quad \underline{L} \\ \underline{f} \quad \underline{f} \end{array} \\ \text{with knee flexion} & \end{array} \right] \times 4 \quad \begin{array}{c} \downarrow \\ \underline{R} \quad \underline{L} \\ \underline{b} \quad \underline{b} \end{array} \quad \begin{array}{c} \downarrow \\ \underline{R} \quad \underline{L} \\ \underline{b} \quad \underline{b} \end{array} \quad \begin{array}{c} \text{---} \\ \underline{R} \quad \underline{R} \\ \text{stamp stamp} \end{array}$$

with knee flexion

PART 2 (Instrumental)

$$\left[\begin{array}{cc} \begin{array}{c} \uparrow \\ \underline{R} \\ \underline{f} \end{array} & \begin{array}{c} \uparrow \\ \underline{L} \\ \underline{f} \end{array} \\ \text{swing L foot} & \text{bring R foot} \\ \text{around to foot} & \text{behind L calf} \\ \text{cukite on 2nd beat} & \text{cukite on 2nd beat} \end{array} \right] \times 2 \quad \begin{array}{c} \downarrow \\ \underline{R} \quad \underline{L} \\ \underline{b} \quad \underline{b} \end{array} \quad \begin{array}{c} \text{---} \\ \underline{R} \quad \underline{R} \quad \underline{R} \\ \text{stamp stamp stamp} \end{array} \times 2$$