

VALLE E LULEVE (Albania)

(Valley and Flowers)

Choreography:	Traditional
Music:	<i>Albanian</i>
Time:	4 mins 08 secs
Formation:	(A) and (B) Finger hold in W format, (C) Unhanded
Rhythm:	8/4
Arrangement:	Start after 4 bars

(A) On the lift movement keep the leg straight and lean slightly backwards

	<p>Repeat whole section x4 times, on the very last part turn to the left instead of to the centre</p>
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(B)

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(C) Flower part: L hand on hip, signifying basket. Bending as low as you like towards R foot
R hand performs picking movement and places flower in basket by left hand.

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Continue from here with both hands on hips to end of dance

Key to notation:

br/crc	Brush or Circle the foot	li	Lift	s	Side
cl	Close	pi	Picking flowers	soft li	Lift with bent knee
f	Forward	pl	Placing in basket	trn	Turn
hls	Heel step to side	rep	Replace	xb	Cross behind