

Hora Pe Sase

Romania - Soroca Region of Bessarabia, now in the Republic of Moldova

Translation: "Dance in six"

Source: Sonia Dion and Cristian Florescu, Braithwaite, UK - 2012

Hold: W, mixed closed circle

Style: Slight bounce with bent knees

Notes: Adrian Poynton - 2023

YouTube: Cindy Kelly teaching

<https://www.youtube.com/watch?v=MRTLym7ixI>



PART 1 Arms - circling movement in W hold

$\begin{matrix} \nearrow & \leftarrow & \searrow & \leftarrow \\ \underline{R} & \underline{L} & \underline{R} & \underline{L} \\ \underline{F} & \underline{F} & \underline{F} & \text{lift} \end{matrix}$	$\begin{matrix} \leftarrow & \rightarrow \\ \underline{R} & \underline{L} \\ \text{sway} & \text{sway} \end{matrix}$
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$\times 4$ Arms $\rightarrow \leftarrow$

(large step)

PART 2 Arms - 'windscreen wiper' in W hold (directions written underneath the steps)

(tag = together)

$\begin{matrix} \leftarrow & \rightarrow & \leftarrow & \rightarrow \\ \underline{R} & \underline{L} & \underline{R} & \underline{L} \\ \text{S} & \text{tag} & \text{S} & \text{touch} \end{matrix}$	$\begin{matrix} \leftarrow & \rightarrow \\ \underline{R} & \underline{L} \\ \text{sway} & \text{sway} \end{matrix}$
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$\times 4$ Arms $\rightarrow \leftarrow$

'hold' (i.e. stay \rightarrow) 'hold' (i.e. stay \leftarrow)

PART 3 Arms - circling movement in W hold

$\begin{matrix} \underline{R} & \underline{L} & \underline{R} & \underline{L} \\ \underline{F} & \underline{F} & \underline{F} & \underline{F} \end{matrix}$	$\begin{matrix} \underline{R} & \underline{L} & \underline{R} & \underline{L} \\ \underline{F} & \underline{F} & \underline{F} & \underline{F} \end{matrix}$
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$\times 4$