

# PROMOROACA

Region:

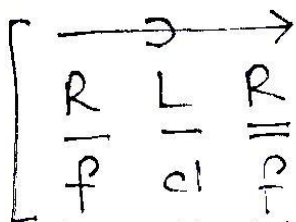
About the dance: There are different formats for this dance, this is how we learned the dance.

Learned from: Marina Wolstenholme

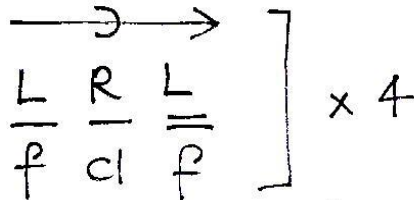
Formation: Open circle, V hold. Style - lead with the heel on the forward steps in part 1.

Introduction: Start with the clarinet

## PART 1:-

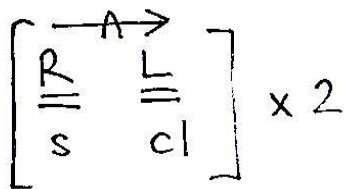


Hands 'turn' towards centre  
Head turns towards centre

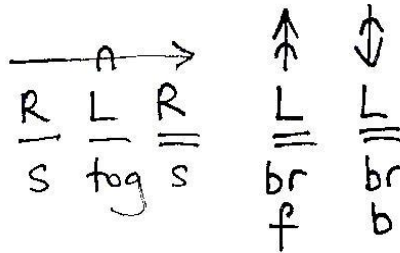


Hands 'turn' away from centre  
Head turns away from centre

## PART 2:-



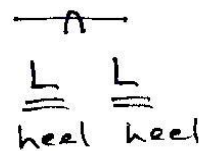
x 2



THEN REPEAT PART 2  
But to the L  
starting  $\leftarrow$  starting  $\leftarrow$  i.e. opposite  
footwork

## PART 3:-

THE SAME AS PART 2, except the last 2 steps are



heel heel  
(which become heels  
with the R when  
travelling L in the  
repeat)