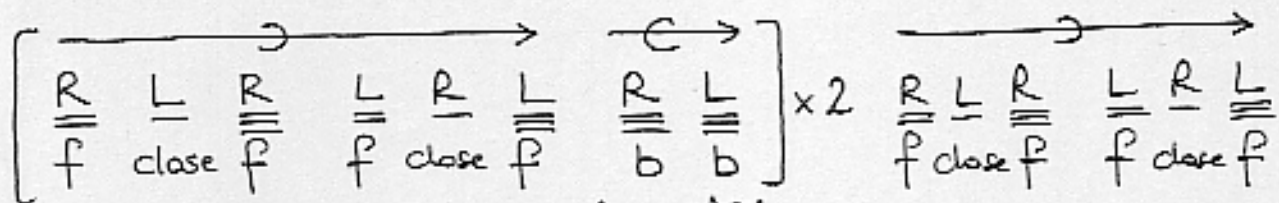


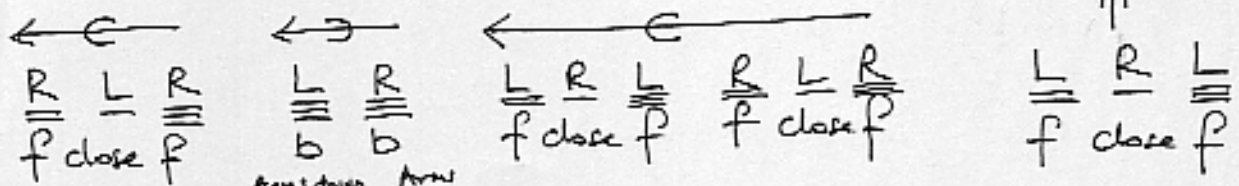
JIANUL

Romania learned from Silviu Ciuciumis in 2002

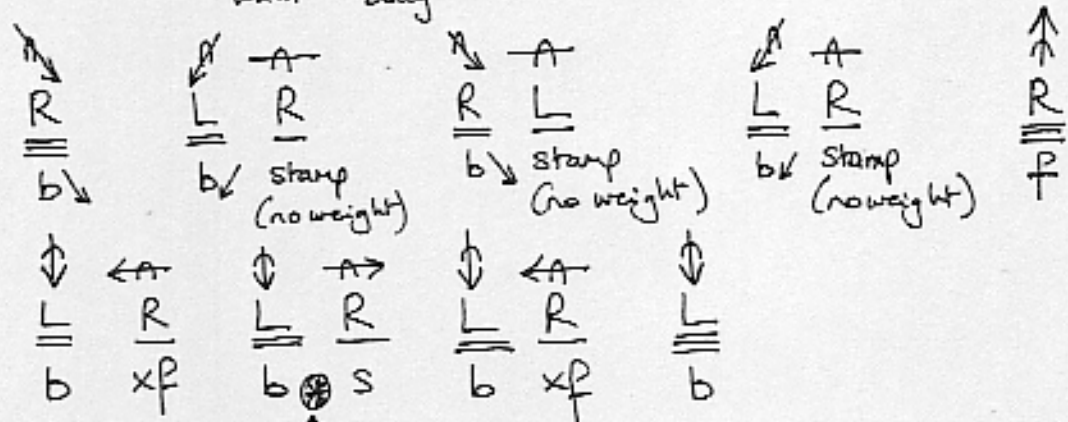
W hold - small circling movement. Bouncy steps.



Arms down to V Bend at waist
Arms up to W Straighten body

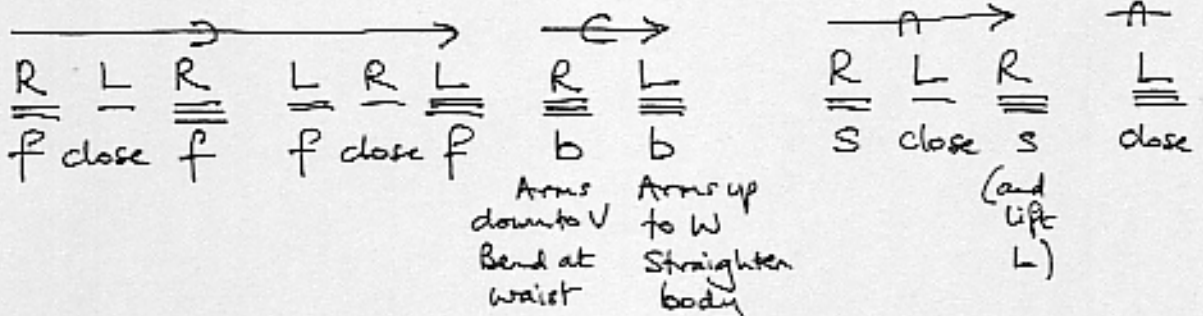


Arms down to V Bend at waist
Arms up to W Straighten body



The sequence goes through three times and then the music speeds up. The rhythm changes from 6/8 to 4/4, but you do the same steps. However, the whole sequence isn't completed - the last 4 steps are omitted (from point *). The music slows down again and changes

back to 6/8 and the dance finishes with: -



Arms down to V Bend at waist
Arms up to W Straighten body
(and lift L)