

# You Raise Me Up

Music: Secret Garden (5.04 mins)  
On CD: 'Once in a Red Moon' (iTunes)

Choreo: Rose Cross (Nov 2016)

Rhythm: 4/4

Intro: Stand and wait through colla voce instrumental, which finishes at 0.50, then wait through 7 single note piano sounds. Step on word DOWN

Form: V-hold for Verse. Unjoined for Chorus

Verse  
V-hold

R	L	L	R	R	L	L	R
f	to	f	to	f	to	f	to

x2

R	L	R	L	R	L	R	L
sw	sw	xf	s	xb	s	xf	zp

Chorus  
Unjoined

R	L	L	R	R	L	L	R	A	R	L	R	L
f	to	f	to	f	to	f	to	Bend down, gather + lift hands high	sw	sw	sw	sw

Swaying arms tog, like waves

R	L	L	R	R	L	L	R	A	A
b	to	b	to	b	to	b	to	As above	Gesture both arms forward in thanks

Finale Repeat last 2 bars