

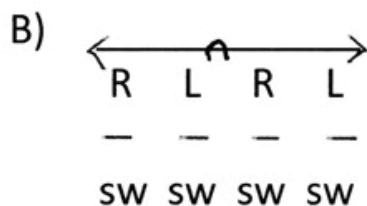
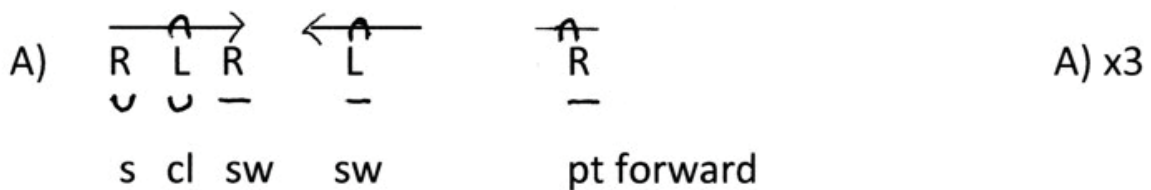
YIHIYU LERATZON

3:28

Music : Michelle Citrin (USA) on album Jewels Vol IV – A High Holy Days Music Sampler / sung in Hebrew and English (Itunes)

Steps : Tatiana Gorenstein 2019

- A) Is danced with L hand on own heart and R hand on heart space behind person on your right
 B) Is danced unjoined with both hands over the heart

**SEQUENCE:**

Hebrew A) B) x3 Short Pause

English A) B) x2.

A) steps only once. Short pause with foot pointed B) x2

Humming A) B)

Finish with a few more sways

English words : Go inside your heart, just be

Go inside your heart, and see

What it wants, what it needs, what it yearns, when you breathe

Go inside your heart and see

May the words of my mouth

And the meditations of my heart

Be kind, be true

May they be acceptable to you

My rock and my redeemer