

IMBUBE (WIMAWE)

Music: Soweto String Quartet

Choreography: Hester Casey

Part 1)

V.Hold. Face anticlockwise throughout.

Four steps forward. Right left right left . These are big surging steps.

Four steps reversing . RLRL. These are smaller, ebbing steps with slightly stooping posture.

Repeat this doing 4 times altogether

Part 2)

Face centre, break hands, stand with feet hip width apart.

Do 8 windscreen wiper movements, starting right, left. The hands start at waist level and are gradually raised above the head. You should be looking up by the time you have finished.

Do further 8 windscreen wiper movements gradually lowering hands to waist level.

During this part swing the hips side to side left right etc (this is opposite to the way the hands go)

Repeat all of part 2

Part 3)

No hand hold.

Free dance for 32 beats. Do your own thing. Move about the dance floor and across the space but make sure you all come back into a circle formation ready to start part 1.

N.B You do not need to join the circle in the same position you were in before.

Enjoy!

Variations – since I choreographed this dance some variations in part 3 have developed across groups and I am happy with this . **Hester**