Trip the Light

Music: Singer: Alicia Lemke, Composer Gary Schyman (iTunes) 4.48

Choreography: Lesley Laslett

Rhythm: 4/4

Formation: Partner dance, establish A on left and B on right

Introduction (once only)

Grand chain in slipsteps. Pass 8 people.

Part A (facing centre)

1 Slip step forward/1 slip step back, Sway RL, Turn in 3 steps to Right (Mirror Part A to Left)

Part B (facing centre)

2 grapevines to left (cross in front R, side L, cross behind R, side L) 2 walks to centre (raising arms), 2 walks back (lowering arms)

2 slip steps to centre (hands coming forward). (On 2nd slipstep do a swivel ¼ turn to Right, (doing aeroplane arms)

2 slip steps away from centre (arms coming forward). On 2nd slipstep, turn back into LOD (line of dance) (arms coming down to sides)

Part C (grand chain)

Grand chain in slipsteps. Pass 2 people.

A partner: 1 slipstep in towards centre & 1 slipstep back

B partner: 1 slipstep (away from centre, facing wall) & 1 slipstep back

Finale (once only)

4 step touches into centre (coming into hug hold)

5 side closes to the Right (in hug hold)

Sequence: (1) A (x2) B (x1) (4) A (x2) B (x2)

(2) A (x1) B (x2) (5) C (x2)

(3) C (x4) (6) B (x2) Finale

Watch the video that inspired Lesley to choreograph her dance to this music. https://www.youtube.com/watch?v=Pwe-pA6TaZk

Lesley has dedicated her dance to the Minas Santo Festival, and to the organisers: Terrzinha Rosetti, Fatima V A Ramos & Lize. With special thanks to Terrzinha for 'finding me', love Lesley x