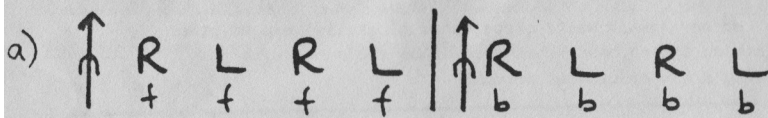


SUNRISE

Music by Øyvind Rauset
(from Norway)

Circle ; Begin in V hold

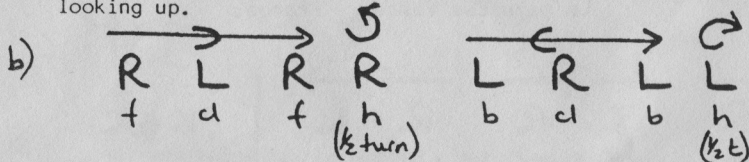


slowly raising joined arms & looking up.

lowering arms

4 slip steps

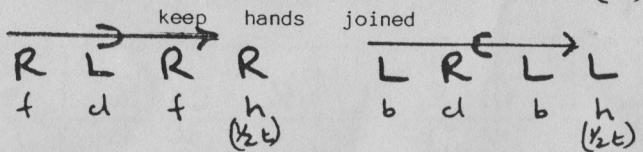
first time twist to left.



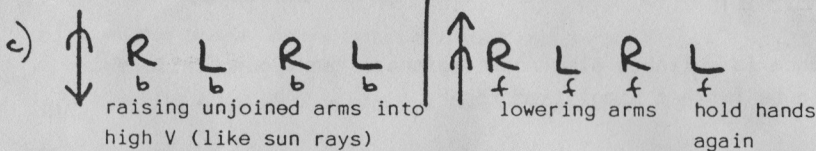
(1/2 turn)

(1/2 t)

second time turn to right & release hands



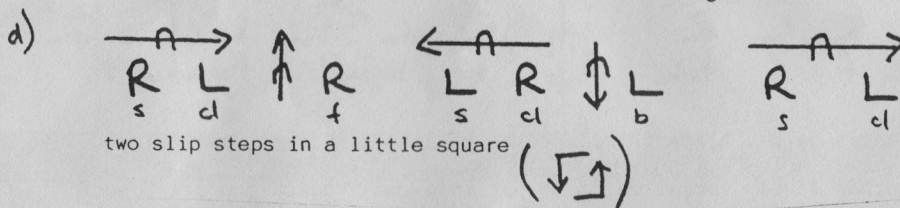
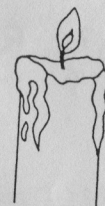
releasehands



raising unjoined arms into high V (like sun rays)

lowering arms

hold hands again



two slip steps in a little square

