

Stand By Me (additional teaching notes)



The dance has 5 sections.

For sections 1-3, the rhythm is quick, quick, slow, (QQS).

Sections 4-5 there are 4 steps in each, in QQQQ rhythm.

- (1) Facing centre do 'sway, sway cross' on the right foot, then 'sway, sway cross' on the left foot.
- (2) Still facing the centre, do '1 yemenite step' (back close forward) on the right foot and then do '1 yemenite step' on the left foot.
- (3) Turning sideways-on from the centre (left shoulder to centre), step on the right foot and do 'side, close, side', pivot around on the right foot to face sideways in the opposite direction, and then do 'side, close, side' starting on left foot.
- (4) Facing centre, do 'a schlomo step' on right foot (forward replace, back replace) (QQQQ)
- (5) Finish with 'a grapevine' to the right, starting on the right foot (side, cross in front, side, cross behind) (QQQQ).