

SIZZI (s'easy)



Intro: wait till after the pause; then come in once the rhythm has become clearly established

Circle, hands free

a ↑ \bar{R} \bar{L} \bar{L} \bar{R}
 (shake shoulders down) tch * f (shake) tch *

↑ \bar{R} ↓ \bar{L} × 2 REPEAT
 ro f clap above head ro b bring hands forwards and down

b ↓ \bar{R} \bar{L} × 4
 trembling "shaman" hands

c \bar{R} \bar{L} \bar{R} \bar{L} \bar{R} \bar{L} × 2
 faster s x f s in place, stepping out to the side

* (optional) stick out bottom * ON FINAL TIME, END BY SLOWLY RAISING ARMS IN A GREAT EMBRACE AND HUGGING OWN CHEST - DO THIS TWICE

This a Capella song is performed by LADYSMITH BLACK MAMBAZO in the distinctive style called "iscathamiya" (Zulu: to walk softly) The song is "Abantwana Basethempeleni" meaning "Children of the Temple". It describes the natural spirituality of children. From the album "South African Legends". www.putumayo.com