

A SENSE OF WONDER

2:26

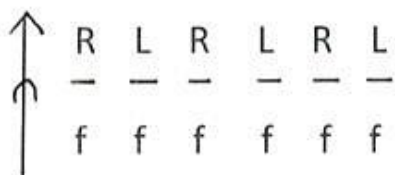
Music : "Watermark" by Enya. Album "Paint the Sky with Stars"
(available iTunes)

Steps : Lilly Sell

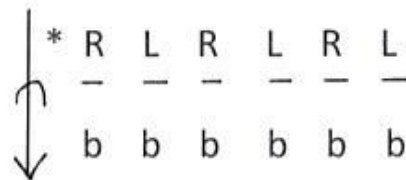
Danced unjoined

Waking up one morning to a glorious sunrise, I was filled with a sense of wonder which filled my heart with joy and inspired this dance.

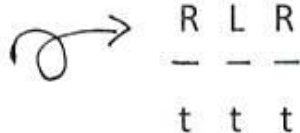
Start hands over heart / slow waltz rhythm



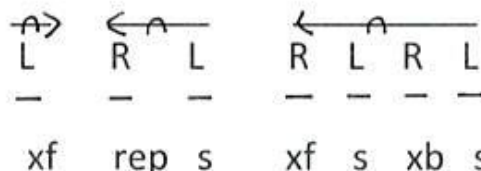
arms forward from heart
opening up high in wonder



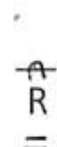
bring beauty of sunrise into
your heart



arms open in joy
(travelling turn)



Swinging arms with the body



Hands
to heart

Notes:

- 1) At * sometimes there's a moment of 'lingering' with the music
- 2) Third time through add 2 sways (R and L) keeping hands over heart
- 3) Finale: Bring arms up and open up high in wonder to finish