

Rain (choreographed by Lesley Laslett)

(additional teaching notes by Rose Cross)



Part A

The dance starts with 4 walks to the right, starting on the **Right** foot, raising both arms together in front of body.

This is followed by 2 side closes to the **Right**, facing centre, bringing the hands together in a prayer movement.

Repeat Part A

Part B

Facing centre, **stepping on the Right foot**, take 3 walks forwards towards the centre, ending with a sway back on the Left foot (raising right arm to shoulder height).

Mirror these steps going back, **stepping on the Right foot**, take 3 steps backwards, ending with a sway forward on the Left foot (lowering the right arm, with the palm held uppermost).

Repeat Part B

Part C (turning section)

1. **Facing centre**, stepping on the **Right** foot and moving to the **Right**, do side close, side touch, with the right arm sweeping across the body to the left. On touch step, **swivel to face sideways**, ending with Left shoulder to centre.
2. **Facing sideways** with **Left** shoulder to the centre, do side close, side touch, starting on the **Left** foot, with the left arm sweeping across body to **Left**.
3. **Facing sideways** with **Left** shoulder to the centre, repeat side close, side touch, starting on the **Right** foot, with the **Right** arm sweeping across the body to the **Right**. On touch step, **swivel to face outwards**, ending with back to the centre.
4. **Facing with back to centre**, repeat the side close, side touch, starting on the **Left** foot, doing the sweeping arm movement with the **Left** arm.

Turn around to face the centre in 4 steps, raising both arms above head.

Facing the centre, do 2 sways, with arms held high.

Facing the centre, do 4 sways, gently zig-zagging the arms down.

Finish

Do 3 side closes to the Right, arms coming into prayer position.