

Oxum Lava Meus Olhos (Brazil)

This dance is included in a collection of dances from Renata Ramos, called Brazilian Soul in Movement

Origin: Brazil

Music by: Keila Diniz

Choreography: Sandra Cabral

Notation: Bridget Ovey, learnt from Terri Owen

Lyrics: Oxum, wash my eyes

Oxum, my emotion

(repeat)

Oxum flower of the waters

wash my heart

(repeat)

Note: Oxum (pron O shum) is the Spirit of the Sweet Waters (eg rivers, not salty) in the Yoruba tradition. She is the “orixa” of the feelings, harmony, peace and emotional balance.

STEPS

Part 1

4 walks to centre (**on a curve**), R L R L slowly raising both arms, palms facing up

4 walks back from centre (**retracing steps**) R L R L palms coming down in front of face, as in washing with water

Repeat all of Part 1

Part 2

In line of Dance, step R with arms open, cross L in front with arms crossing, (x 2)

Sway R L R L with hands crossed on heart

Repeat all of Part 2