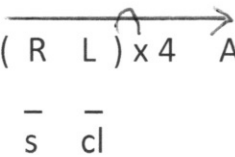


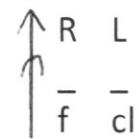
INANAY


Music: Aborigine song sung by female trio TIDDAS from Victoria, Australia. Sung in a language now lost, it would have been danced whilst travelling the songlines.

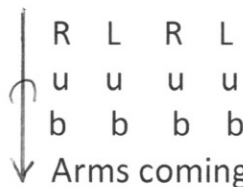
Steps : Annie Rooke-Frizell from Eastern Australia. It's thought to be a lullaby or childrens' song.


Danced unjoined. Start dancing immediately.

A)  (R L) x 4 Arms as if holding a baby, rocking to R then L with the feet
 s cl

B)  R L Palms down
 acknowledging Earth
 f cl

 R L Arms up
 acknowledging
 f cl heaven, palms up

 R L R L
 u u u u
 b b b b
 Arms coming down


 Bend knees, hands on thighs

C) Stand in place. When 'goanna' is sung, move hands up in 6 'steps' – alternate hands (R hand, L hand) x 3 . Palms down. Imagine a goanna (lizard) climbing a tree.

On "choo" both hands quickly up high (releasing energy).

Repeat C)