

HEAVEN AND EARTH BLESSING

Music: Taize chant "Bleibet Hier" – many versions on i-tunes

Choreo: Jeanette Whitford

Circle: Facing centre throughout. Start unjoined

Rhythm: 4/4

Intro: 6 bars (i.e. after first round of melody ends)

FACING CENTRE



R step forward and close with L (As you close the left foot, the hands come together in prayer at heart level) (4 beats)

R step back and close with L (Hands joined in prayer) (4 beats)

STANDING STILL

Hands move down to earth (still joined in prayer) in a sweeping circular movement forward and downwards in front of body, (4 beats)

Hands push up to heaven from prayer position, reaching up and then opening wide with arms opening and then lowering into V hold (4 beats)

MOVING TO THE RIGHT (in V hold)

Grapevine (six steps) (side R, cross L in front, side R, cross L behind, side R, cross L in front) (i.e. s xf s xb s xf) finishing with side close to the R.