


HEART OF LOVE

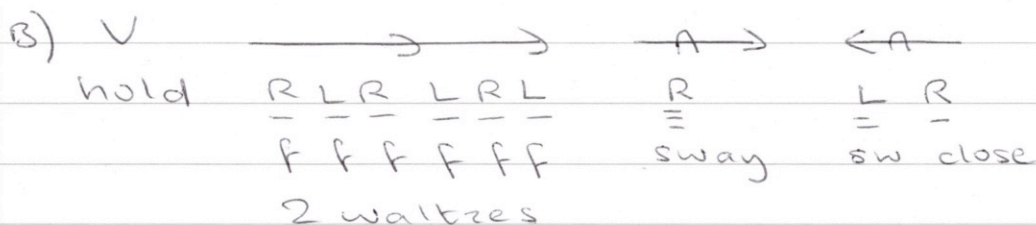
3:44

Music: Handel - Concerto Grosso in B Minor -
Larghetto (Itunes)

Steps: Lilly Sell

Waltz rhythm / start after 25 seconds

- Unjoined
- A)  2 waltz rhythms 2 waltz rhythms
Bending forward, put backs of hands together and bring them up high, making a heart shape Arms come forward and down, sending love from your heart out to everyone

- B)  hold R L R L R L R L R 2 waltzes
f f f f f f sway sw close

Hands to your heart at end of dance

Choreographed in April 2020 during the Covid19 lockdown. Sending out love to our families and friends, and all the NHS and key workers looking after us.