

HEART LIKE A FIRE

Music from Galicia
by Fuxan Os Ventos*
Steps by Stefan

Begin on 3rd syllable
of singing (ie almost
immediately)



Circle V hold

→ → ← ←
R L L R
f tch (cl) b tch (cl)

↕ ↗
R L L R
b tch (cl) f tch (cl)
arms slightly back

↗
R L
f tch (cl)
arms very slightly
forward, staying
unbent

↕
L R
b tch (cl)
arms back

↗
R L R L
f cl f tch (cl)
arms slowly loop
upwards (like Breton dance)
ending high

↕ ↗
L R R L
b tch (cl) f tch (cl)

↕ ↕
L R L R
b cl b cl
arms looping downwards
ending in √

← ← ↗
L R L R L R L R
t t b (cl slide) b (cl slide) b br

Sweep foot
towards centre
before stepping
forward to
recommence

All steps are slow; even tempo

* Song 'Iste Vaise' from the album Noutroira. By the way, Stefan has set this true to English lyrics: - an antiwar ballad.