

GREEN AND GOLDEN

This warm and uplifting tune inspired a dance with both expansive and intimate qualities. Linda gave the tune this title to reflect the ambiance of her music room.

FORMATION: in a circle in a V hold to start. **RHYTHM:** 4/4 – 4 bar intro. Start with the flute. Movements flowing and dynamic.

A

V hold.....

.....bringing hands to W hold

W hold..... a little W hold.....a little
(.....there is a lilting feel to these steps.....)

W hold.....lowering hands back to V

B x2

small steps moving diagonally towards centre in V hold

dynamic yemenite step
changing direction in
preparation for the turn.

completing turn
around left shoulder

N.B. the turn is more or less
on the spot with the last step
bringing you first time into
the circle, and then second time,
into the line of dance. ↺