


9. CUORE SACRO, (Sacred Heart) Music, Andrea Guerra in the film Cuore Sacro by Ferzan Ozpetek. Chor. Dario Spagna (Italy)

In the film the old butler remembers the protagonist's mother saying
 "Each one of us has two hearts but one of them hides the other... nevertheless if any one of us manages, even for an instant, to see the light of the hidden heart, then we would understand that it is a sacred heart and we could no longer do without the warmth of its light"





- Rhythm: 4/4, the dance starts after 2 heartbeats and 16 beats, circle V hold
 Sequence: A, B, C, C, A (X4 only) B, C, C, A (X4 only) finish with D

A $\left\{ \begin{array}{c|c} \overrightarrow{\text{R}} & \overrightarrow{\text{L}} \\ \text{f} & \text{repl} \end{array} \right\} \times 6$ (rocking step) *1st time then X4 thereafter*



B $\left\{ \begin{array}{c|c} \overleftarrow{\text{R}} & \overleftarrow{\text{L}} \\ \text{xf} & \text{sb} \end{array} \right\} \times 2$ $\left\{ \begin{array}{c} \uparrow \text{R} \\ \text{f} \end{array} \right\} \left\{ \begin{array}{c} \updownarrow \text{L} \\ \text{repl} \end{array} \right\} \left\{ \begin{array}{c} \updownarrow \text{R} \\ \text{b} \end{array} \right\} \left\{ \begin{array}{c} \updownarrow \text{L} \\ \text{repl} \end{array} \right\} \times 3$

$\left\{ \begin{array}{c|c} \overleftarrow{\text{R}} & \overleftarrow{\text{L}} \\ \text{xf} & \text{sb} \end{array} \right\} \times 2$







C R L (no handhold)
o o



Rotate body slightly to right in 16 beats. Bring R arm & hand from outwards to heart. (we are gathering something from the world around us and putting it in the first heart, the selfish one that keeps it next 12 beats: same movement from the left but quicker. Again gathering from the world around us to put it in the second heart, the luminous one that, in the next 4 beats, gives out all that it has received. In these 4 beats, flex knees slightly and bring both arms from heart to high L, stretching body to give an impulse to accompany this movement of "giving" with smiling joy

$\overrightarrow{\text{R}} \quad \overleftarrow{\text{L}} \quad \overrightarrow{\text{R}} \quad \overleftarrow{\text{L}}$
 turn on the spot over R shoulder, L hand on heart - R arm stretched to the sky



$\overleftarrow{\text{R}} \quad \overrightarrow{\text{L}} \quad \overleftarrow{\text{R}} \quad \overrightarrow{\text{L}}$
 turn on the spot over L shoulder, R hand on heart - L arm stretched to the sky



W H O L E
O F
C D O N E
T W I C E

D END

$\overleftarrow{\text{R}} \quad \overleftarrow{\text{L}} \quad \overrightarrow{\text{R}} \quad \overrightarrow{\text{L}}$ } X2 $\begin{array}{c} \uparrow \text{R} \\ \uparrow \text{f} \end{array}$ bring arms up slowly