



MUSIC Corvus Corax Steps Stefan

Circle V hold - BEGIN WITH VOCALS

Ai
"CHAMBERS"

SLOW STEPS
↑ arms rise, palms together over head
R L R L | L R L R
f f f tch (cl) s cl s tch (cl)

Gradually
slowly open arms, palm to partner's palm
←

↓ Keep hands high, taking neighbours hands
R L R L | R L R L
b b b cl s cl s cl

lower arms (and release hands)
←

Aii
Similar to above

↑ arms rise tog. palms to neighbour's palm
R L R L | R L R L
f f f cl s cl s cl

Keep hands high
↓ R L R L | L R L R
b b b tch (cl) s cl s tch (cl)

arms down
←

REPEAT Ai + Aii

(NOTES: R foot always leads, except for *
Hand/arm movements are slow, gradual + strong)

ctd

B
"GALLOP"
V HOLD
fast steps

i
↑ R (R) skip f
FLING ARMS HIGH
R ki

↓ R b
ARMS DOWN

ii
↑ L (L) skip f
FLING ARMS
L ki

↓ L b
ARMS DOWN

iii
same as **i**

iv
↑ R L R L s x b s
↓ L R L R s x f
(all steps fast)

→ R L R L f + pivot
→ R R st

REPEAT B

On 3rd time **B** is danced x4

Cheiron the centaur is among the gentlest, wisest and most learned of creatures, as well as being immortal. He was transformed into the constellation Sagittarius, and more recently, had a planet named after him.

The music is by **Corvus Corax**, a German band who combine medieval and modern sounds www.corvuscorax.de
With warm thanks to Bryn (Canada) for introducing me to this powerful music.