

CALYPSO

Music: John Denver : Calypso written by John Denver 1975
 as a tribute to Jacques Cousteau's research ship Calypso

Choreo: Rose Cross June 2016 - from an original
 dance idea by Hugh Spriggs in 1998

Rhythm: 6/8 (notated as 4/4) 4-21 mins

Intro: 2 bars

- Ⓐ Anchored in harbour
 gently swaying in breeze
 V-hold
- Ⓑ Edging out of harbour
 V-hold
- Ⓒ Into the waves
 (joined)
 in W-hold
- Ⓓ Into high seas
 (unjoined)
 cross arms in front
 on xf
- then mirror sequence going back.
- Ⓓ mirror to left
- yem
- Arms up
- Arms down

Finale: Finish on repeat of Ⓓ at *

2 Sequences: A, B, C, D, || A, B, C(x2), D(x2).