

COURAGE

CHOREOGRAPHY: Lesley Laslett

MUSIC: George Dalaras and Mikis Theodorakis, Choir on the CD *Axion Esti (Live / Remastered)*, Track *Ena To Helidoni (A Solitary Swallow)* available on iTunes

FORMATION: Circle in a W hold

RHYTHM: 4/4

INTRODUCTION: Start with singing after two bars

See: <https://www.youtube.com/watch?v=HIXlle5HNEg>

**PART A**

↑	↑	↑	→	↑	→	↓	→	↓	↓	↓	→
R	L	R	L	L	R	R	L	L	R	L	→
f	f	f	li	rkf	li	rkf	li	b	b	b	s d

W hold

**PART B**

←	←	←	←	*	↑	↑	↑	↑	↓	↓	↓	↓	*						
R	L	R	L	R	L	R	L	R	L	R	L	R	L						
x	f	s	x	b	s	x	f	s	x	b	s	f	f	f	f	b	b	b	b

\* - \* and commence at the beginning again.