

Bells of Norwich

Source:

Composition = Colin Harrison. Song: Sydney Carter

Dance = Colin Harrison

CD Ref. Rhythms of the Earth

Formation = Circle, in V hold to start.

Style: Flowing and Joyful. 4/4.

Start on the Singing.

Part 1

→ →				→ →				↑ ↑		(A)
R	L	R	L	R	L	R	L	R	L	
f	f	f	cl	f	f	cl	f	s	teh	
← ←				← ←				↑ ↑		(B)
L	R	L	R	L	R	L	R	L	R	
f	f	f	cl	f	f	cl	f	s	teh	

slipstep slipstep

Chorus

Part 2

Hands Swing				Hands high palms outwards				(C)
↑	↓	↑	↓	↑	↑	↑	↑	
R	L	R	L	R	L	R	L	
swf rep swf rep				sw sw sw sw				

Turn clockwise Hands Adornate.				Bring hands to heart & small bow of head.				(D)
→	→	→	↑	↑	↑	↑	↑	
R	L	R	L	R	L	R	L	
on the spot								

On 4th repeat of complete dance pattern, repeat part 2 once more.

Key:

- f = forward
- cl = close
- s = side
- teh = touch
- swf = sway forward
- rep = replace
- sw = sway
- ↑ = turn