

BELLS OF NORWICH

Choreo: Colin Harrison

Music: Sidney Carter

Rhythm: 4/4

Intro: 2 bars, if you wish to start with the instrumental (OR) wait and let the instrumental go all through and then start with singing

Part 1. Facing line of dance

Two walks (R L), then Right slip step, Left slip step, Side, touch
Mirror going in opposite direction to LEFT

Part 2 Facing towards centre

Two sways sideways (R, L, R, L) (hands palm to palm with neighbour)

Two sways (forward & back) towards the centre (R, L, R, L), (hands remain palm to palm)

Turn in 4 steps around right shoulder (unjoined), with hands held in adorante until facing front again, then bring hands together in prayer position and do a little bow facing centre.

On 4th repeat of complete dance pattern, repeat Part 2 once more. (Listen out for flute fill-in).