

3

Ay Adaba

The Dove

"It's dawn. Dove, dove that flies far above the sky - come descend on me. Sing for me again."

Song: in Yoruba by Asa from Nigeria (also spelled 'Eye Adaba')

Steps: Stefan circle; begin with singing

A

V hold

→
R
s

* →
L
f

→
R L R
s cl s

* notice that on second step dancers almost face to right

←
L
s

←
R
f + A swiv

↑
L
f

→
R L
cl f

B

Hug Hold

→
R
sw

←
L
sw

→
R
sw

←
L
sw

↓
R
b

↓
L
b

↓
R
b

↓
L
cl

releasing hug and gently sliding back to V hold

basically that's the dance BUT whenever Asa sings "AY ADABA" we get 4 extra beats and add the following

→
R
sw

←
L
sw

→
R
sw

←
L
sw

gradually raising joined hands

FINALE

PAUSE after

then 4 steps back + 4 sways (as before) then 4 steps to centre + 4 SLOW sways!